

Moorland House Monthly Newsletter July 2023

Welcome to the monthly Moorland House newsletter. Each month there will be a new edition which will show what we have been up to, birthdays celebrated & with dates for the diary.

We have had quite an active month, here are some of the things we have gotten up to 😊



We played some chess, Peter put quite a bit of effort into planning his next move.



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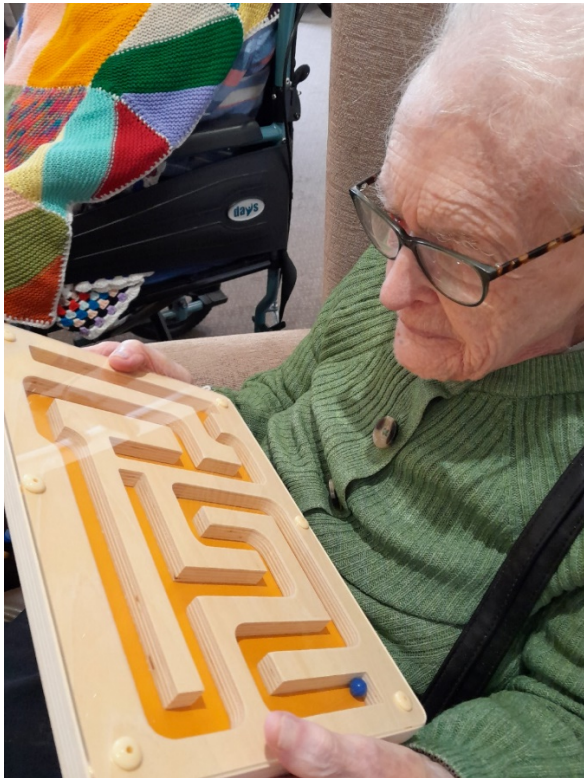


John our maintenance man enjoyed taking a break from his painting to relax and play some ball games with Eric & Kevin, John says he really enjoyed this time engaging with everyone on a different level, he had fun.

We also played some puzzles, both jigsaw and mind puzzles. Both are which great for mental stimulation and hand – eye coordination

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We also did some colouring working on our fine motor skills.



We had a little pamper session of having some manicures.



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We had Retro Rita come in and sing for us



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And motivational classes with Simon,



Simon comes every Thursday at 11am if ever you're at a loose end and would like to participate.

We don't take any pictures from reflexology as this is a deep personal activity, but Clare visits twice a month and does her best to see everyone who wishes to participate during her visits for treatment.

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Dates for the diary –

Relatives meeting dates.

We plan to have meetings on a quarterly basis, unfortunately we have missed the first quarter.

May 26th, Aug 25th, Nov 24th I aim to hold meeting in the dining room at 14.30

Resident & activities meeting (please feel free to join these with your loved one if you are able to do so)

April 14th, July 28th, Oct 20th

Planned activities for the coming month –

Please see attached activities planner,

Notable events –

Clare Durling – reflexology 10/07/2023 & 24/07/23 @ 0930-1130, Clare Will be visiting once a fortnight.

Simon for motivational classes every Thursday morning @ 11 am

Retro Rita will also be joining us again, but awaiting confirmation of date.

Upcoming Birthdays –

2nd August Rachel

10th August Eileen

20th August David

Remember to join us in the lounge at 3pm for happy birthday cheers, tea and birthday girl/boy choice of home baked cake.

News and updates –

Following the departure of Pat the senior carer, we have been actively recruiting and held many interviews for new senior carers for both day and nights to help support, guide and lead the team. We have narrowed it down to 2 candidate and hope to bring you news of their details and start dates on our next news letter.

Today was Rachels last day at Moorland house. Rachel leaves us to start up her own arts and crafts business. Rachel has been a member of the domestic team for these past 5 months and made a large contribution to the laundry specifically.

We wish Rachel well on her new venture. Today Kevin & Eric presented her with a card and lovely bunch of roses.



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We have not yet heard back from Alan Titchmarsh – will keep you updated on that as things develop.

Weather depending we would like to hold a BBQ party for friends and relatives of Moorland House, I anticipate this to be on a weekend so that those who work will be able to come should they wish to, we plan on having it mid to late August – please let me know if there any dates that are preferable to you, or dates that you cant do.

We aim to give as much notice as possible, but please do bear us in mind towards the end of August.

Thank you for taking the time to read our newsletter, for more timely updates please follow us on Facebook.