

## Moorland House Monthly Newsletter October 2023

Welcome to the monthly Moorland House newsletter. Each month there will be a new edition which will show what we have been up to, birthdays celebrated & with dates for the diary.

We have had quite an active month, here are some of the shenanigans we have gotten up to 😊

We welcome Simon every Thursday for both physical and mental exercises, we always have fun and enjoy the sing-a-long too.

Each visit we play different memory games and quizzes to help with our memory recall, which also evokes happy memories and endless smiles from happy times.



Pat and Simon demonstrating how to do the Hokey-Cokey

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Reto Rita came to sing for us, with country theme. We enjoyed singing along and dancing, the temptation was too much that even Gil had to get up and show us what she's made of.



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Our special event – we welcomed Charlie the donkey from 2<sup>nd</sup> chance petting Zoo. Charlie was very well behaved, enjoyed lots of pats, scratches and carrots.

Next year for our summer fete, we will look to bring the petting Zoo, animals will include Charlie or Dermot the donkey, pygmy goats, Shetland pony, guinea pigs & rabbits.

We learnt that Charlie is 23 years old and has been living with 2<sup>nd</sup> chance petting zoo since he was 10 years old. His companion Dermot often participates in Winchester cathedral Christmas pageant due to strong remarkable markings.



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We look forward to welcoming Charlie back in the near future.

We have been getting ready for the Halloween holiday season, making decorations, carving pumpkins and decorating the home ready for our Halloween party.

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Its safe to say that I (Lisa) get a little bit excited for Halloween, we have lots of decorations up around the home including a huge spider with a 5ft web in the garden!



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Our Halloween decorations in the main entrance ready for the Halloween party – apologies I didn't manage to get any picture of it.

The balloon display was created by Simon who visits every Thursday for the motivational classes, it had been a huge hit with residents, staff, families and visitors alike both professional and otherwise.

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We enjoyed some pumpkin carving, which are now ready to welcome you by our door



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Halloween inspired flowers brought by Gil

As you know we have had the pleasure of welcoming Maria to Moorland House for these past few weeks. Maria has joined us from our sister home Glebe House based in Staines to help provide cover both assistance in the kitchen and providing care whilst some of Moorland House team have been on emergency leave.

Sadly, Maria must return back to Glebe House on 31<sup>st</sup> we are incredibly thankful for her continuous supply of yummy cakes, scrumptious meals and devoted care to us all.

But fear not, Maria will be back providing cover in the future!

Here are some snippets of Maria

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### Dates for the diary –

#### Relatives meeting dates.

We plan to have meetings on a quarterly basis, unfortunately we have missed the first quarter.

**May 26<sup>th</sup>, Aug 25<sup>th</sup>, Nov 24<sup>th</sup> I aim to hold meeting in the dining room at 14.30**

Resident & activities meeting (please feel free to join these with your loved one if you are able to do so)

**April 14<sup>th</sup>, July 28<sup>th</sup>, Oct 20<sup>th</sup>**

#### Planned activities for the coming month –

Please see attached activities planner,

#### Notable events –

Clare Durling – reflexology 0930-1130, Clare Will be visiting once a fortnight on a Monday.

Simon for motivational classes every Thursday morning @ 11 am

Retro Rita will also be joining us every 3<sup>rd</sup> Thursday of the month.

The Creature Teachers 8<sup>th</sup> Nov @ 14:00

#### Upcoming Birthdays –

4<sup>th</sup> Dorothy

22<sup>nd</sup> Mary

Remember to join us in the lounge at 3pm for happy birthday cheers, tea and birthday girl/boy choice of home baked cake.

#### News and updates –

Home improvements with redecorating of communal areas is almost complete, all areas have now been painted and it is looking light, fresh and airy, the final step will be the replacement of the carpet up the stairs and first floor landing. This will again be done over night to help prevent disruption to the daily operations of the home.



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We haven't received any further communications from Alan Titchmarsh with regards to our garden make over application, I will make contact once more and hope for a reply even if to advise we have not been successful.

Thank you for taking the time to read our newsletter, for more timely updates please follow us on Facebook.

