

Moorland House Monthly Newsletter November 2023

Welcome to the monthly Moorland House newsletter. Each month there will be a new edition which will show what we have been up to, birthdays celebrated & with dates for the diary.

We have had quite an active month, here are some of the shenanigans we have gotten up to 😊

We welcome Simon every Thursday for both physical and mental exercises, we always have fun and enjoy the sing-a-long too.



Each visit we play different memory games and quizzes to help with our memory recall, which also evokes happy memories and endless smiles from happy times.

We also welcome Reto Rita, unfortunately we didn't get any photos of Rita's visit 😞

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We enjoyed having our nails done in a pampering session



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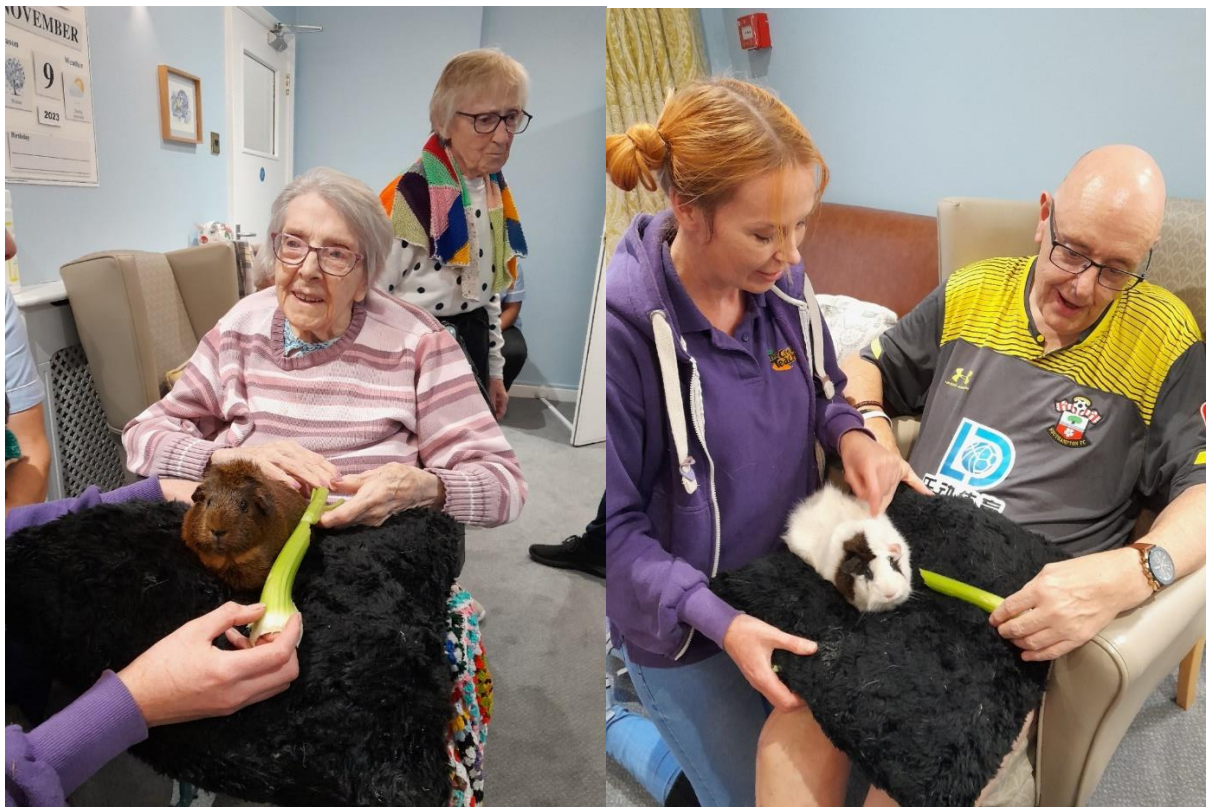
We enjoyed some fresh air in an outside walk, nothing beats crisp air and the sunshine on your face



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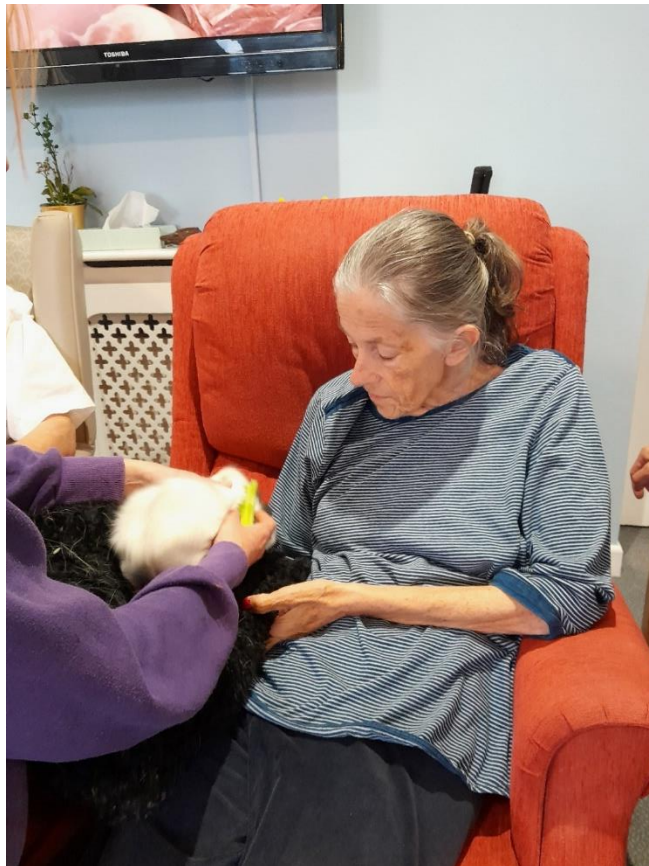
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E had another visit from The Creature Teachers



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We made some decorations for remembrance day



We watched the remembrance day parade, took a moment to reflect on all those that paid the ultimate sacrifice for the freedoms in which we enjoy today.

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We enjoyed some arts and crafts



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Dates for the diary –

Relatives meeting dates.

We plan to have meetings on a quarterly basis, unfortunately we have missed the first quarter.

May 26th, Aug 25th, Nov 24th I aim to hold meeting in the dining room at 14.30

Resident & activities meeting (please feel free to join these with your loved one if you are able to do so)

April 14th, July 28th, Oct 20th

Planned activities for the coming month –

Please see attached activities planner,

Notable events –

Clare Durling – reflexology 0930-1130, Clare Will be visiting once a fortnight on a Monday.

Simon for motivational classes every Thursday morning @ 11 am

Retro Rita will also be joining us every 3rd Thursday of the month.

The Creature Teachers 19th Nov @ 14:00

Upcoming Birthdays –

27th Jennie

31st Gwen

Remember to join us in the lounge at 3pm for happy birthday cheers, tea and birthday girl/boy choice of home baked cake.

News and updates –

Home improvements with redecorating of communal areas is almost complete, all areas have now been painted and it is looking light, fresh and airy, the final step will be the replacement of the carpet up the stairs and first floor landing. This will again be done over night to help prevent disruption to the daily operations of the home. (still on-going)



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We haven't received any further communications from Alan Titchmarsh with regards to our garden make over application, I made contact one last time but again I haven't heard anything back sadly, so I don't think this venture is going to progress any further.

We had a tree donated by Eric's family in his memory which has been planted out the front.

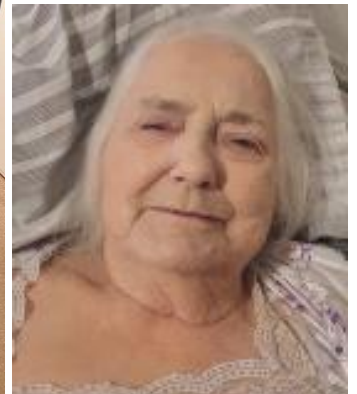
We sadly lost 3 members of the Moorland House Family this month, Valerie, Brenda and Rita all passed away peacefully following long illnesses. Their loss is felt across the home may they rest in peace.



Rita 1933-2023



Brenda 1932-2023



Valerie 1935-2023

Thank you for taking the time to read our newsletter, for more timely updates please follow us on Facebook.



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