Welcome to the monthly Moorland House newsletter. Each month there will be a new edition which will show what we have been up to, birthdays celebrated & with dates for the diary.

We have had quite an active month with it being Christmas, here are some of the shenanigans we have gotten up to ©

we had some fun with decorating the tree and making some home-made decorations.

















We have sooooooo many pictures, please do let me know if you would like all those of your loved one, and I will send them to you directly as its almost impossible to upload them all into this months news letter ©

We had a visit from our favourite people – The Creature Teachers! In 2024 they will be visiting us on a monthly basis, dates will be available on each news letter for the coming month in the section 'dates for the diary'





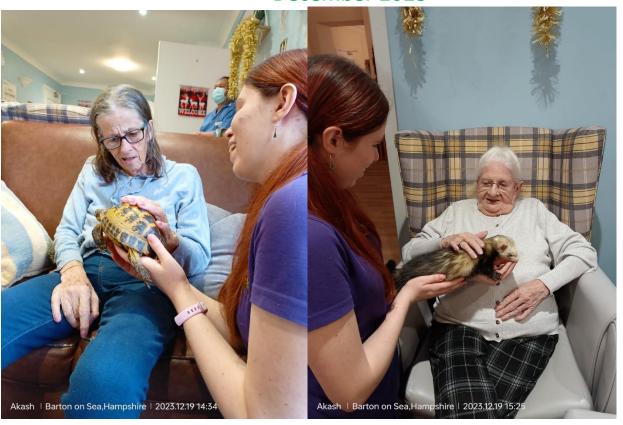
















We had our Christmas concert, classically sung Christmas carols by Clare and friends, followed by mice pies and mulled wine.







And finally we met the big man himself – Moorland House must have been one of the last drops on the delivery schedule 😉

























We also celebrated some birthdays; first Jennie celebrated her 103<sup>rd</sup> birthday





We finished up the year with Gwen celebrating her 97<sup>th</sup> birthday, what a way to end 2023!





#### Dates for the diary -

#### Relatives meeting dates.

We plan to have meetings on a quarterly basis, we will be combining both relatives and activities meetings. please feel free to join these with your loved one if you are able to do so.

9th Feb, 10th May, 9th Aug, 10th Nov - I aim to hold meeting in the dining room at 14.00

#### Planned activities for the coming month -

Please see attached activities planner,

#### Notable events –

Clare Durling – reflexology 0930-1130, Clare Will be visiting once a fortnight on a Monday.

Simon for motivational classes every Thursday morning @ 11 am

Retro Rita will also be joining us every 3<sup>rd</sup> Thursday of the month.

The Creature Teachers 24th Jan @ 14:30

#### Upcoming Birthdays -

12th Patricia Robertson

18th Rosemary Bungay

30th Heather Darvill

Remember to join us in the lounge at 3pm for happy birthday cheers, tea and birthday girl/boy choice of home baked cake.

#### News and updates -

Sadly, our Chef Oliver has left for a new career in plumbing, with renewable green energies. Oliver has been studying this course throughout his time at Moorland House. Whilst we are sad to see him leave, we also wish him the very best in his new carer.

We have some new faces around the home -



Jini has joined the team as a HCA, Jini is a qualified nurse back in India and brings with her a wealth of knowledge and experience.

Sheryl has joined as a bank Senior Carer. Sheryl is a phlebotomist at RBCH in her primary occupation.

Lisa will be joining in the coming weeks as our new chef manager. Lisa joins us from Engle burn care home and has years of experience within the hospitality industry.

Finally, we have Michelle, Michelle will be joining as laundry assistant and domestic. Michelle has previous experience of working in care homes having been a senior carer for many years but decided to take a step back due to the mental challenges and burn out that came with COVID but wished to remain in the care home environment as she loves the hustle and bustle.

We wish all our friends and family a happy, healthy and prosperous 2024, we look forward to sharing more of our adventures with you.

